Most people could use more tools and support for organizing their lives. You might need information about a health condition, budgeting, parenting, or home safety. It’s hard to make time to find good, useful resources.

The Personal Advantage website provides online tools and information to keep your life running smoothly. Online life-balance resources include topical articles, videos, assessments, quizzes, self-directed courses, and more.

Access Personal Advantage
1. Go to MyRBH.com
2. Select “I’m a Member”

New to Personal Advantage?
1. Click the “Activate Account” button
3. Click the “I agree to the Privacy Policy and Terms and Conditions” box.
4. Click the “Register” button.

Already a Member
If you have already created your Personal Advantage Account:
1. Enter your User Name and Password
2. Click the Login button

My Benefits
Enter your access code to:
• View Your Benefits
• Login to Personal Advantage
• Request Counseling or Other Services

My Benefits
1. Enter your Access Code:
   OHWBT

Personal Advantage is an interactive resource available to help you and your family build resilience and get answers to all of life’s tough questions.

Emotional Wellbeing. Emotional wellbeing is a substantial contributor to your physical health. Our Emotional Wellbeing module offers resources and information on all major mental health topics from depression to grief.

Relationships. In this module we will discuss everything from caregiving and parenting to interpersonal relationships, and nurturing yourself.

Financial. Here you will find calculators, forms, and other essential information that will help you become as financially resilient as you can be.

Health. Whether you’re concerned about a particular disease or condition, or just interested in a new fitness routine or healthy recipe, the content in our Health module has tools and information to help you start the journey to a healthier you.

Legal. Information on topics ranging from debt and bankruptcy to planning wills and estates. Easily access legal forms, locate a lawyer in your area, or find out what you need to prepare a simple will.

Personal Growth. Improving your personal or professional skills will help you be more successful at work and at home. Honing skills like communication and leadership will translate into every area of your life. Find videos, courses, and articles that will help you improve time management, communication skills, and more.