Kaiser Permanente integrated care

Medical and dental working as one

We know that dental care is an important part of your overall health. How can our teamwork help you? Members with both medical and dental coverage tend to be healthier overall. They smoke less, weigh less, and visit the hospital and Emergency Department less than members with medical coverage only.

With our medical and dental teams working together, we can:

- **Coordinate your care.** Our electronic health record system helps our doctors and dentists work closely together to coordinate your care. This includes helping to find and close preventive medical care gaps in our dental offices.

- **Manage your oral health.** Our Dental Care Program records and manages your oral health status over time. We know if you just need maintenance or have a high need for certain care.

- **Catch symptoms early.** Many medical conditions, including heart disease, diabetes, and some cancers, have oral symptoms. If your dentist sees any troubling signs, he or she can contact your doctor to help you get the care you need quickly.

- **Screen and refer.** All adults get a blood pressure screening at dental exams. If you have an elevated reading, our dental team will get you advice and a referral to your primary care provider for follow-up care.

- **Track results.** We have an electronic record of all the oral tissue biopsies we perform. We use it to track results and to schedule the right follow-up care at the right time.

- **Help you quit smoking.** Everyone over 13 is asked about tobacco use at every appointment. We offer advice on the oral and overall health risks of tobacco use. We encourage those who smoke to call one of our health consultants or to sign up for a phone call to get more information on how to quit smoking.

- **Offer education.** We offer our members a wide range of health classes, services, and tools at kp.org/healthylifestyle.

Learn more about our Dental Care Program at kp.org/dental/nw.
Where to get dental care

Portland-area dental offices
503-286-6868

1 Aloha Dental Office
17675 SW Tualatin Valley Hwy.
Beaverton, OR 97006

2 Beaverton Dental Office
4855 SW Western Ave.
Beaverton, OR 97005

3 Clackamas Dental Office
10209 SE Sunnyside Road
Clackamas, OR 97015

4 Eastmoreland Dental Office
5025 SE 28th Ave.
Portland, OR 97202

5 Glisan Dental Office
10102 NE Glisan St.
Portland, OR 97220

6 Grand Avenue Dental Office
1314 NE Grand Ave.
Portland, OR 97232

7 Gresham Dental Office
360 NW Burnside St.
Gresham, OR 97030

8 North Interstate Dental Office
7201 N. Interstate Ave.
Portland, OR 97217

9 Oregon City Dental Office
1900 McLoughlin Blvd., Suite 68
Oregon City, OR 97045

10 Rockwood Dental Office
822 NE 181st Ave.
Portland, OR 97230

11 Sunset Dental Office
19075 NW Tanasbourne Drive
Hillsboro, OR 97124

12 Tigard Dental Office
7105 SW Hampton St.
Tigard, OR 97223

Vancouver-area dental offices
360-254-9158

13 Cascade Park Dental Office
12711 SE Mill Plain Blvd.
Vancouver, WA 98684

14 Salmon Creek Dental Office
14406 NE 20th Ave.
Vancouver, WA 98686

Salem-area dental offices
503-370-4311

15 North Lancaster Dental Office
2300 Lancaster Drive NE
Salem, OR 97305

16 Skyline Dental Office
5135 Skyline Road S.
Salem, OR 97306

Longview-area dental office
360-575-4800

17 Longview-Kelso Dental Office
1230 Seventh Ave.
Longview, WA 98632

kp.org/dental/nw