

# 3 EASY STEPS

## to transfer to Kaiser Permanente care

1

Please complete your **Authorization for Dental Records Release Form**.

2

To help us transfer your care, mail the form to:  
Kaiser Permanente  
C/O Dental Record File Services  
7201 N. Interstate Ave.  
Portland, OR 97217

3

Choose your **dentist** and **make an appointment**.

To find a participating dentist online at [kp.org/dental/nw](http://kp.org/dental/nw), click on "Choose a Dentist."

To make an appointment, call **503-286-6868** in the Portland area or **503-370-4311** in Salem.

**Please note that your current Kaiser Permanente medical card also serves as your dental card.**

